

**JOSEPHINE & JACKSON COUNTY SENIOR NUTRITION SERVICES • AUGUST 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>VEAL PARMESAN</b> Italian Blend Vegetables Garden Vegetable Salad Garlic Roll Coconut Brownie 2	<b>CHICKEN POT PIE</b> over Biscuit Steamed Spinach Pickled Beets Tapioca Pudding 3	<b>MEATLOAF W/GRAVY</b> Whipped Potatoes w/Gravy Capri Blend Vegetables Wheat Oat Bread Lemon Cookie 4	<b>TERIYAKI MEATBALLS</b> W/STEAMED RICE Cut Green Beans Seasoned Carrots Fresh Honeydew Melon 5	<b>KING RANCH</b> <b>CHICKEN BAKE</b> Escalloped Tomatoes Mixed Vegetables Seven Grain Bread Frosted Orange Cake 6
<b>ORANGE GLAZED</b> <b>CHICKEN</b> Parslied Potatoes Broccoli Cuts Bran Wheat Bread Key Lime Square 9	<b>BEEF CHILI W/BEANS</b> Winter Blend Vegetables Carrot Pineapple Salad Cornbread Vanilla Pudding 10	<b>SPINACH OMELET BAKE</b> Glazed Carrots Pineapple Mandarin Salad Mold French Roll Birthday Cake 11	<b>BEEF &amp; POTATO BAKE</b> Mixed Vegetables Marinated Spring Garden Salad Oatmeal Roll Peach Cobbler 12	<b>MEXICAN PASTA BAKE</b> Oregon Bean Medley Harvard Beets Cornmeal Bread Joy's Applesauce Cookie 13
<b>TURKEY PATTY W/GRAVY</b> Sour Cream & Chive Potatoes Capri Blend Vegetables Squash Bread Butterscotch Bar 16	<b>SHAVED HAM</b> <b>SANDWICH</b> on Whole Wheat Bread Pasta Salad Pineapple Tidbits Grace's Choc Cookie 17	<b>CHICKEN &amp;</b> <b>PENNE PASTA</b> Broccoli Normandy Cuke/Tomato/Onion Salad Multigrain Roll Fresh Watermelon 18	<b>ROAST BEEF W/GRAVY</b> Whipped Potatoes w/Gravy Succotash Dill Bread Birthday Cake 19	<b>BREADED FISH</b> <b>W/TARTAR SAUCE</b> Delmonico Potatoes Country Trio Vegetables Rye Bread Chocolate Fluff 20
<b>BBQ CHICKEN</b> <b>SANDWICH</b> on a Bun Colcannon Potatoes Scandinavian Blend Vegt Bread Pudding 23	<b>MEATLOAF</b> <b>W/CREOLE SAUCE</b> Creamed Potatoes Winter Mixed Vegetables Cracked Wheat Bread Molasses Cookie 24	<b>BAKED HAM</b> <b>W/PINEAPPLE SAUCE</b> Scalloped Potatoes Seasoned Carrots Herbed Bread Apple Crisp 25	<b>WHITE CHICKEN</b> <b>LASAGNA</b> Italian Blend Vegetables Romaine Iceberg Salad French Roll Fresh Cantaloupe 26	<b>BEEF MUSHROOM</b> <b>PATTY</b> Whip Potatoes w/Gravy Green Peas Potato Wheat Bread Frosted Lemon Cake 27
<b>MACARONI &amp; CHEESE</b> Escalloped Tomatoes Broccoli Cuts Onion Bread Cinnamon Pear Crisp 30	<b>BEEF ENCHILADA BAKE</b> Mexicali Corn Country Coleslaw Cornmeal Roll Chocolate Chip Bar 31	 <b>WOMEN'S EQUALITY DAY</b> <b>THURSDAY, AUG. 26</b>	A suggested minimum donation is requested from seniors 60 and older.  Non-seniors must pay the full cost of the meal.  1% milk served with all meals.	